

## RURAL DWELLERS

Land-based and community-rooted actions 1. Plant native trees or shrubs to restore habitat. 2. Remove invasive weeds like gorse, broom, or old man's beard from a local area. 3. Create a pollinator patch with native flowering plants for bees and butterflies. 4. Fence off a stream to protect waterways from livestock. 5. Build and install nesting boxes for native birds or bats. 6. Restore a wetland or create a mini one on your land. 7. Compost farm/garden waste and share methods with neighbours. 8. Switch paddock margins to wild zones for biodiversity corridors. 9. Host a local planting day with friends or neighbours. 10. Leave dead trees standing (where safe) as habitat for native species. 11. Collect and share seeds from local native plants. 12. Join or form a rural land care or catchment group. 13. Protect an area of regenerating bush on your property. 14. Take water samples and monitor stream health with a local group.

## URBAN DWELLERS

Actions suited for city and town environments 1. Plant a native plant in your garden, verge, or balcony. 2. Organise or join a local litter clean-up in a park or street. 3. Start or join a community garden focused on regenerative growing. 4. Install a rainwater tank or greywater system at home. 5. Advocate for more green space in your local council submissions. 6. Create an insect hotel or bee-friendly corner in a small space. 7. Grow herbs or vegetables organically on a windowsill or in containers. 8. Join a local planting or restoration event through a conservation group. 9. Compost your food scraps or join a community compost system. 10. Host a clothes swap or zero-waste event. 11. Switch to eco-friendly transport: walk, bike, carpool, or take the bus for a week. 12. Support local eco-businesses or farmers' markets. 13. Start a workplace green team to drive sustainability. 14. Write to your MP advocating stronger environmental protections. 15. Create and share art or content that inspires nature connection and care.